

2011 AV Sports Complex 5K & Fun Walk/Run

Date, Location & Time

Saturday, May 21, 2011
 Start: 10 AM from the
 Iron County Courthouse, Ironton , MO.

Registration- Register EARLY to \$SAVE

Complete the attached entry Form.

NEW 5K PRE Registration Fee:

\$20 - Adults
 \$15 - Ages 13 -18
 \$5 - Ages 7-12

Fun Walk/Run(Same Fee as Last Year)

\$15 - Adults
 \$10 - Ages 13 -18
 \$5 - Ages 7-12
 FREE Ages 6 and under (no T-shirt
 unless you pay \$5)

**Pre-register by May 3rd to guarantee
 a T-shirt the day of the event and
 Save \$5.00.**

**We must receive your entry form and
 payment before May 3rd to avoid
 late registration fee of additional \$5.**

*Registrations after May 3rd are not
 guaranteed a T-shirt.

ADDED BONUS

The **Mountain Music Festival** begins at
 10:00 AM around the courthouse. After
 the 5K Fun Walk/Run get out your lawn
 chair, kick back, relax, listen
 to music and buy some vittles.

Schedule

9:00 AM – Sign In
 T-Shirt pick up
 Late fee registrations
10:00 AM- START 5K
 and Fun Run/ Walk
11:00 AM - Awards

Awards

Awards will **ONLY** be given to the
 Top male and female finishers
 in the 5K race:
 30 & up
 19-29
 13-18
 12 & under

Race Route

The start of fun/walk run at the
 Courthouse on Main St.
 Participants will go south towards
 Arcadia turning right at Walnut St.
 to the AV Sports Complex. The
 route follows the sidewalk
 through the park to Park Drive.
 Turn right on Park Drive and left
 on Edison Court, right on W.
 Russell, left on S. Iron
 Right on W. Wayne ending at the
 Courthouse.
 5K race will add loop in the Sports
 Complex.

Last Name _____ First _____

Address _____

City _____ State _____ Zip _____

Phone _____ Age Day of Race _____

Email Address _____

Sex: Male ___ Female ___ **I can't make it, but here is a donation** _____

T- Shirt Size: Adult S ___ M ___ L ___ XL ___ XXL ___ Youth S ___ M ___ L ___

WAIVER OF LIABILITY: Participant acknowledges that the Arcadia Valley Sports
 Complex does not provide any registrant medical or hospitalization insurance
 whatsoever, and hereby waives any and all claims against the Arcadia Valley Sports Complex
 or any other person affiliated with the Complex, affiliate organizations and sponsors for injuries,
 accidents, property losses or hazardous health condition I might suffer as a result of my
 participation in this event. I also agree that photographs taken of my child or me while
 participating in this activity may be used for publicity and tourism purposes.

Signed: _____ Date _____

**Signatures are required by participants. If under age 18, must be signed by
 parent or guardian.**

	<u>After May 3</u>		<u>After May 3</u>	
<u>5K Pre-registration</u>	<u>* Late entry fee*</u>	<u>Fun Walk/Run</u>	<u>Late entry fee*</u>	
Adults \$20 _____	Adults \$25 _____	Adults \$15 _____	Adults \$20 _____	
13-18 \$15 _____	13-18 \$20 _____	13-18 \$10 _____	13-18 \$15 _____	
7-12 \$5 _____	7-12 \$5 _____	7-12 \$5 _____	7-12 \$5 _____	

Under 6 Youth shirt \$5 _____

TOTAL AMOUNT ENCLOSED _____

Do not send cash. Make checks payable to City of Arcadia/ Sports Complex.

Send complete signed forms to :

AV Sports Complex, c/o Jim & Toni Erpenbach, 10148 Hwy 21, Ironton, MO 63650

For Information: Phone: 573-546-2599 Email: Jimerp@centurytel.net

NO REFUNDS- THE EVENT GOES ON RAIN OR SHINE!

Thank you for supporting the Arcadia Valley Sports Complex!